

## Shrimad Bhagavad-Gita chapter 12 Bhakti Yoga (Yoga of Devotion)

Arjuna Uvaacha

1. Yevam Sathatha Yukthaa Ye' Bhakthaah-stvaam Paryupaasate  
Ye' Chaapya-ksharam Avyaktham Teshaam Ke' Yoga Vittamaaha

Arjuna said: Dear Lord, Who is better versed in Yoga - the ones who worship You in constant devotion with your form or the ones who worship You as the formless?

Sri Bhagavaan Uvaacha

2. Mayyaa Veshya Mano Ye' Maam Nithya Yukthaa Upaasathe  
Shraddha-yaa Parayopethaaha The' Me' Yuktha Thamaa-mathaaha

Sri Bhagavan said: Those who fix their minds on me and worship me (with form) ever with supreme faith, I consider them as perfect in Yoga.(Yoga meaning-- Union with God)

3. Ye' Tvakshram Anirdeshyam Avyaktham Paryu-paasathe  
Sarvathra-gam Achintyam Cha Kootastham Achalam Dhruvam

But those who worship me as the formless, as the unchanging, the imperishable and the Omnipresent ONE...

4. Samnyam-yendriya-graamam Sarvathra Sama Buddhayaha  
Tey' Prapnu-vanthi Maame'va Sarva Bhootha-hite' Rathaha

Those who have restrained their senses, who are even minded everywhere, who are engaged in the welfare of all the beings, verily, they also come to Me.

5. Kleshodhi-katharah-stheshaam Avyakthaa-saktha Chethasaam  
Avyakthaa Hi Gathir Duhkham Deha Vadbhira-vaapyate

But for human beings, it is more difficult to realize the formless God than the One with form.

6. Yethu Sarvaani Karmaani Mayi Sanyasya Math-paraa-ha  
Ananye-naiva Yogena Maam Dhyaa-yantha Upaasathe'

But those who worship me, renouncing all actions in Me, regarding Me as the Supreme Goal, meditating on Me with single minded devotion...

7. Theshaa-maham Samud-dharthaa Mruthyu Samsaara Saagaraath  
Bhavaami Na Chiraath Paartha Mayya-veshitha Chetasaam

For them whose thought is so set on Me, O Partha (another name for Arjuna), I will become very soon, the One to deliver them from this cycle of birth and death.

8. Mayyeva Mana Aadhat-sva Mayi Buddhim Niveshaya  
Nivasi-shyasi Mayyeva Atha Urdhvam Na Samsha-yaha

Fix your mind on Me alone, Let your thoughts dwell in Me. (By doing so) You will live in Me here after. Of this, there is no doubt.

9. Athā Chittam Samaa-dhaathum Na Shalnoshi Mayi Sthiram  
Abhyaasa Yogena Tato Maam-Icchaaptum Dhananjaya

But if you are not able to fix your mind steadily on Me, O Dhananjaya (another name for Arjuna), then seek to reach Me by Abhyaasa Yoga (through constant practice).

10. Abhyaasepya-samarthosi Math-karma Paramo Bhava  
Madartha-mapi Karmaani Kurvan Siddhim Avaap-syasi

If you are unable to do constant practice, be intent on doing all actions for my sake; even by performing actions for my sake, you will attain perfection.

11. Athaita-dapya Shaktosi Karthum Madyoga-maashritaha  
Sarva-karma Phala Thyagam Thathah Kuru Yathaathma-vaan

If you are unable to do even this, surrender thyself to me in love, not worrying about the fruits of actions with the self subdued.

12. Shreyo Hi Gnaanam Abhyaasa-saath Gnaanaad Dhyaanam Vishishyathe  
Dhyaanaath Karma-phala-thyaagaha Thyaagaat Shaanti-ranantaram

Better indeed is knowledge than formal practice; better than knowledge is meditation; better than meditation is the renunciation of the fruit of the action (surrender in love); peace immediately follows this.

13. Adveshtaa Sarva Bhoothaa-naam Maitrah Karuna Yeva Cha  
Nirmamo Nirahan-kaaraha Sama Duhkha Sukhah Kshami

He who hates no being, who is friendly and compassionate to all, who is free from the feeling of I and mine, even-minded in pain and pleasure and forbearing...

14. Santushtah Sathatham Yogi Yathaa-thmaa Dhrida Nischayaha  
Mayyar-pitah Mano Buddhir Yo Madbhaktah Sa Me Priyaha

Ever content, steady in meditation, self controlled and possessed of firm conviction, with mind and intellect fixed on me, such a devotee is dear to me.

15. Yasmaanno Dvijate Loko Lokaanno Dvijate Cha Yaha  
Harshaa-marshah Bhayo-dvegair Muktho Yah Sa Cha Me Priyaha

He by whom the world is not afflicted and whom the world cannot afflict, he who is free from joy, anger, fear and anxiety - he is dear to me.

16. Anapekshah Shuchir Daksha Udaaseeno Gata Vyathaha  
Sarvaa-rambha Pari Thyaagi Yo Madbhaktah Sa Me Priyaha

He who has no wants, who is pure and prompt, unconcerned, untroubled, and who is selfless in all his undertakings, he who is thus devoted to Me, is dear to Me.

17. Yo Na Hrishyati Na Dveshti Na Shochati Na Kaankshati  
Shubha-ashubha Pari-thyaagi Bhakti-maan Yah Sa Me' Priyaha

He who neither rejoices nor hates nor grieves nor desires, renouncing good and evil (treating both as the same), full of devotion, he is dear to Me.

18. Samah Shatrau Cha Mitre Cha Thathhaa Maanaapa-maana-yoho  
Sheetho-shna Sukha-dukheshu Samah Sanga Vivarjitaha

He who is the same to foe and friend and also in honor and dishonor, who is the same in cold and heat, in pleasure and pain, who is free from attachment...

19. Thulya Nindaa Sthuthir Mounee Santhushto Yena Kena Chith  
Aniketah Sthirah Mathir Bhakthi-maan Me Priyo Naraha

To whom blame and praise are equal, who is silent, content with anything, free of selfish attachment, steady-minded and full of devotion-such a one is dear to Me.

20. Ye Tu Dharmyaam Amritam-idam Yathhoktam Paryupaasathey  
Shraddha Daana Mat Parama Bhaktaastetiva Mey Priyaaha

Those, who follow this immortal dharma described above with devotion and faith, looking upon Me as the Supreme Goal, they are exceedingly dear to Me.

Iti Srimad Bhagavad Geetaasu Upanishadsu  
Brahma Vidyaayaam Yoga Shastrey  
Sri Krishaarjuna Samvaadey  
Bhakti Yogo Naama Dvaadshodhyaayaha  
Hari Om Tat Sat!